

ORGANIZER AND DIRECTOR OF THE COURSE

Davide Smarrelli

INVITED FACULTY

(in alphabetical order)

Norman Della Rosa - Modena (Italy),

Daniele De Spirito - Lugano (Switzerland), Max Haerle - Markgroningen (Germany),

Alberto Lazzerini - Milano (Italy), Riccardo Luchetti - Rimini (Italy),

Frank Nienstedt - Merano (Italy),

Simona Odella - Milano (Italy)

Sandra Pfanner - Firenze (Italy), Alberto Sgarbossa - Brescia (Italy),

Jorg van Schoonhoven - Badneustadt (Germany)

REGISTRATION

Registration fee has been set at 300€ + 22% VAT and is inclusive of attendance of the course, lunch and coffee breaks when applicable and two dinners.

You can register on line accessing <http://www.studioprogress.it> in the NEXT MEETINGS section.

ORGANIZING SECRETARIAT

StudioProgress Snc

Via Cattaneo 51 - 25121 Brescia (Italy)

info@studioprogress.it - www.studioprogress.it

UNDER BIRG PATRONAGE



CON IL PATROCINIO DELLA SICM



NEMBRO – BERGAMO

24th - 26th March 2022



24th MARCH 2022

14.30-18.00 TENDONS FROM DIAGNOSIS TO TREATMENT

- 14.30-15.00 Introduction & presentation of the course - *D. Smarrelli*
15.00-15.15 Generalities anatomy-physiopathology and biomechanical aspects - *A. Lazzerini*
15.15-15.30 Acute extensor tendon lesions: from diagnosis to treatment - *S. Odella*
15.30-15.45 Secondary extensor tendon lesions: from diagnosis to treatment - *S. Odella*
15.45-16.00 Acute flexor tendon lesions: from diagnosis to treatment - *S. Pfanner*
16.00-16.15 Secondary flexor lesions: from diagnosis to treatment - *D. De Spirito*
16.15-16.30 Discussion

16.30-16.55 Coffee break

- 17.00-17.10 Flexor stiffness in Fingers: patterns and management - *J. van Schoonhoven*
17.10-17.20 Post-traumatic deformities: Boutonniere - *M. Haerle*
17.20-17.35 Post-traumatic deformities: Swan Neck - *D. Smarrelli*
17.35-18.15 How do I do it? Tips and tricks about techniques (all speakers & open discussion)
My favourite techniques

20.30 Dinner

25th MARCH 2022

08.30-12.30 ALL AROUND TRAUMATIC SCAPHOID

- 08.30-08.40 General aspects: principles of anatomy, physiology, functional and biomechanical principles - *F. Nienstedt*
08.40-08.50 Fractures: diagnosis, role of imaging and classifications - *J. van Schoonhoven*
08.50-09.00 Fractures: conservative treatment: when and why? - *D. De Spirito*
09.00-09.15 Fractures: surgical treatment: percutaneous vs open: devices and surgical approaches - *D. De Spirito*
09.15-09.30 Fractures-dislocations: general principles and special focus on trans-scaphoid patterns - *D. Smarrelli*
09.30-09.40 Scaphoid fractures & related associated fractures - *A. Sgarbossa*
09.40-09.50 Scaphoid fractures & associated soft tissue lesions - *A. Sgarbossa*
09.50-10.10 Clinical cases & discussion

10.10-10.30 Coffee break

- 10.35-10.45 Scaphoid nonunions: definition-patterns and possible strategies (conservative vs surgical) - *M. Haerle*
10.45-10.55 Grafts: not vascularized: iliac, olecranon and... - *D. De Spirito*
10.55-11.10 Grafts: vascularized bone graft. Dorsal grafts - *S. Pfanner*
11.10-11.25 Grafts: vascularized bone graft: volar grafts - *D. Smarrelli*
11.25-11.40 Complex free grafts - *S. Odella*
11.40-12.30 Clinical interactive cases & discussion

12.30-14.00 Lunch

14.30-17.00 ALL AROUND TRAUMATIC SCAPHOID part 2: DEFINITION AND TREATMENT OF SNACK WRIST

- 14.30-14.40 Wrist denervation - *M. Haerle*
14.45-15.00 Wrist arthrodesis. Other partial intracarpal arthrodesis - *S. Pfanner*
15.00-15.10 Wrist arthrodesis: 4 corner - *J. van Schoonhoven*

- 15.10-15.20 Proximal row carpectomy - *J. van Schoonhoven*
15.20-15.30 Arthroplasty: adaptative implants: why-when-which one? - *A. Sgarbossa*
15.30-15.40 Interposition and resurfacing arthroplasties - *D. Smarrelli*
15.40-15.50 Failure & salvage procedures: when total arthrodesis - *F. Nienstedt*
16.00-17.00 Clinical cases & discussion & round table: take home message: can we define a proper approach?
Biology vs implants

20.00 Social dinner

26th MARCH 2022

09.00-13.30 Scapho lunate

- 09.00-09.10 Anatomy and biomechanical principles - *F. Nienstedt*
09.10-09.20 Clinical examination and the role of imaging - *N. della Rosa*
09.20-09.35 Arthroscopic principles & patterns of lesions - *R. Luchetti*
09.35-09.45 Current state of classification - *R. Luchetti*
09.45-10.05 Arthroscopic management of scapho-lunate lesions: main techniques & personal experience. - *M. Haerle*
10.05-10.15 Open surgery: surgical approaches: tips & tricks - *F. Nienstedt*
10.15-10.35 Open surgery: capsulodesis & tenodesis - *D. Smarrelli*

10.40-11.00 Coffee break

- 11.00-11.10 Open surgery and arthroscopically assisted surgery: overview of other techniques (BTB-RASL-SLAM, APIS...) - *N. della Rosa*
11.10-11.20 Open surgery & arthroscopic surgery: what's really new on the future? - *R. Luchetti*
11.20-11.40 Resuming and metanalysis - *F. Nienstedt*
11.45-12.30 Clinical cases with interactive discussion
12.30-13.30 Round table & discussion - CHAIRMEN: *M. Haerle* - *R. Luchetti* - *F. Nienstedt*

13.30-14.00 Closing of the course & presentation of the next BIRG-course 2023